

Site: Thriving Minds Behavioral Health
Location: Brighton, Chelsea, Livonia, Ada (Grand Rapids-area) Michigan
Primary Contact: Dr. Bryce Hella (Clinic Director at Brighton location)
Phone: 810-225-3417
Email: bhella@thrivingminds.info
Website: www.thrivingmindsbehavioralhealth.com

Start Date: September 3, 2024 thru August 31, 2025

Population: Individual children and adolescents therapy, child and adolescent groups
Orientation: Evidence based treatments including Cognitive-Behavioral (including ACT) and Behavioral Therapy
Positions Open: 2-3 positions, TLLP desired but not required
Length of commitment: 12 months
Hours per week: 12-15 total weekly hours. 5-7 hours of patient contacts, 1 hour of individual supervision by Licensed Clinical Psychologists plus group supervision and didactic opportunities
Supervisor(s): Dr. Aimee Kotrba, Dr. Bryce Hella, Dr. Becky Thomson, Dr. Andrea Roth, Dr. Janelle Youngdahl

Description:

Services Offered: Primarily psychotherapy (Individuals and groups), opportunity to use behavioral strategies to treat selective mutism including yearly one-week, intensive summer camp, and assessment opportunity at St. Joe's Developmental Clinic.

Goals of Training: Develop clinical competencies in pediatric clinical skills, assessment, conceptualization and treatment in research supported therapy

Opportunities/Expectations: Students will have the opportunity to train in evidence-based interventions for child and adolescent populations, primarily with outpatient therapy. Students also participate in a monthly developmental clinic through St. Joe's where they evaluate children born prematurely. Training and experience in collaborating with schools is an important component in the treatment of patients in our clinic. Students will also practice disseminating clinical information to the general public. Individual supervision and didactics are included for training purposes. Students will assist in both curriculum development and running of Confident Kids Camp, a yearly therapeutic day camp for children with Selective Mutism (<https://www.thrivingmindsbehavioralhealth.com/confident-kids-camp>).

Site Information:

Thriving Minds is a pediatric psychology clinic with locations in Brighton, Chelsea, Livonia and Ada (Grand-Rapids area). We provide evidence-based CBT and behavioral therapy to children ages 3-20. Typical diagnoses include anxiety, depression, ADHD, behavioral issues, Selective Mutism, OCD, etc. Our suites are warm, beautiful, fully-staffed clinics with excellent therapists who are happy to assist in training and experiences for graduate students.

Scheduling is flexible; practicum days must be Monday, Tuesday, Wednesday, or Thursday (no supervisors are on-site on Fridays). Typically, students complete 2 days per week in our clinic.

Clinicians will help run and develop curriculum for Confident Kids Camp, a yearly therapeutic day camp for children with Selective Mutism (<https://www.thrivingmindsbehavioralhealth.com/confident-kids-camp>). Students MUST be available to participate in camp 8am-4pm July 29-August 2, 2024.

Requirements

- **Application:** Email applications to Dr. Bryce Hella by January 19, 2024 with a copy of your CV and cover letter *in the same document*.
- **Interview:** Interviews for invited students will take place in early February. We participate with the National Match Day and will be notifying applicants beginning on 2/16/2024.
- **Previous experience:** Knowledge of CBT, BT, and psychoeducational evaluations is certainly preferred.

- **Limited license:** TLLP desirable but not required.
- **Unpaid**